

Lunch Menu AVAILABLE FROM 11:30AM TO 3PM

M Members **N** Non Members **GF** Gluten Free **VG** Vegetarian **V** Vegan



Toasted Garlic Bread **M** \$6.50 **N** \$7.00
with cheese **M** \$7.00 **N** \$7.50

Panko Prawns on Asian Salad with cashews
M \$11.00 **N** \$12.00

Chicken Schnitzel Wrap
M \$11.00 **N** \$12.00

Beef Nacho's with sour cream,
guacamole & tomato salsa
M \$11.00 **N** \$12.00

BBQ Calamari on a Greek salad
topped with pineapple saffron salsa (**GF**)
M \$11.00 **N** \$12.00

BBQ Meatlovers Pizza
M \$11.00 **N** \$12.00

Veg Pizza with roast pumpkin, fetta,
sun dried tomato, spinach & onion (**VG**)
M \$11.00 **N** \$12.00

Quiche of the Day with chips
M \$11.00 **N** \$12.00

Grilled Chicken Tenderloin Toasted Turkish
with lettuce, guacamole, tomato & aioli
M \$11.50 **N** \$12.50

Wagyu Beef Burger with onion, cheese,
tomato, beetroot, lettuce & BBQ sauce with chips
M \$15.50 **N** \$16.50
add bacon / egg / pineapple + \$1.00ea
gluten free bun (**GF**) + \$2.00

Steak Turkish Burger with caramelised onion
& cheese, lettuce, tomato & BBQ sauce with chips
M \$16.00 **N** \$17.50

Salt & Pepper Squid on crispy cashew vermicelli
Asian noodle salad (**GF**)
M \$25.90 **N** \$27.90

Lambs Fry with bacon, seeded mustard mash,
wilted spinach, field mushroom, caramelised baby
onions with roasted tomato relish & gravy (**GF**)
M \$21.90 **N** \$23.90

Homemade Chicken Schnitzel
with chips & salad or mash & veg
M \$19.90 **N** \$21.90
as parmigiana **M** \$24.90 **N** \$26.90
as creamy seafood **M** \$26.90 **N** \$28.90

Herb Crumbed Calamari & Whiting
Fillets with chips & salad
M \$24.90 **N** \$26.90

Grilled Chicken & Prawn salad with macadamia
nuts, shredded coconut with mango salsa &
honey mustard dressing (**GF**)
M \$21.50 **N** \$23.00

Moroccan Lamb Spinach salad with roasted
beetroot & pumpkin, almond mediterranean
vegetable cous cous, topped with lemon mint yoghurt
M \$18.50 **N** \$20.00

Red Spot Rump Steak with chips & salad
or mash & veg (**GF**)
M \$29.50 **N** \$31.50
add creamy garlic prawns + \$6.00

Pasta Di Porto Spinach & Ravioli, roasted pumpkin,
cashews, sun dried tomatoes, fetta in a cream seeded
mustard sauce (**VG**)
M \$21.90 **N** \$23.90
add chicken tenderloins + \$6.00
(**GF**) add Pappardelle Pasta + \$4.00

Sweet Corn Cakes with smoked salmon, avocado,
chive cream cheese, rocket & tomato salsa
M \$17.90 **N** \$19.90

Herb Crusted Snapper fillet with lemon bluer blanc on
herb crushed potato, rocket, almond & tomato salsa
M \$28.90 **N** \$30.90

Tanya's Earth Bowl with roasted spiced maple kumara,
spinach, avocado, balsamic mushroom, Mediterranean
vegetables, cherry tomatoes, warm five bean quinoa
with beetroot & currant relish, toasted pepitas,
sunflower seeds & dukkah (**GF, V, VG**)
M \$25.90 **N** \$27.90
add chicken + \$7.00 add smoked salmon + \$8.00

Mezze Plate - Thai chicken balls, grilled garlic
prawns, eggplant relish, capsicum & pistachio dip,
hummus, Mediterranean vegetables, marinated olives
& fetta, chorizo & toasted turkish
M \$27.50 **N** \$28.50

Desserts \$12

Homemade Stickydate with butterscotch sauce
& vanilla bean ice cream

Pavlova with mixed berry compote, fresh cream,
crumbed chocolate flake

Mango & Passionfruit panna cotta with
raspberry sorbet

Orange vanilla bean brûlée with pistachio
& cranberry biscotti

Kids Meals \$10

ALL KIDS MEALS INCLUDE A KIDS ACTIVITY PACK & ICE CREAM

Ham & Cheese Pizza

Fish Cocktails with chips

Mini Wagyu Beef Burger with chips

Sausages with chips & salad or mash & veg (**GF**)

Chicken Schnitzel with chips & salad or mash & veg

Minute Steak with chips & salad or mash & veg (**GF**)